



स्वामी विवेकानन्द योग अनुसंधान संस्थान Swami Vivekananda Yoga Anusandhana Samsthana

Deemed to be University u/s 3 of the UGC Act, 1956

#19, 'Eknath Bhavan', Gavipuram Circle, Kempe Gowda Nagar, Bengaluru – 560 109

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Academic Calendar – AY 2025-26

B.Sc. (YT, YVW), M.Sc. (YT, YVW) & M.A., M.D. & Ph.D. – 1st Semester

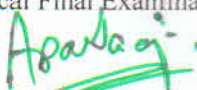
Week No.	Month	Day							No. of working days	Activities
		Mon	Tue	Wed	Thu	Fri	Sat	Sun		
1	Sep	1	2	3	4	5(H)	6	7(H)	5	1 st Sep – Starting of classes 5 th – Id-Milad
3	Sep	8	9	10	11	12	13(H)	14(H)	5	13 th – 2 nd Saturday Holiday
4	Sep	15	16	17	18	19	20	21(H)	6	
5	Sept	22	23	24	25	26	27	28(H)	6	
6	Sept/Oct	29	30	1(H)	2(H)	3	4	5(H)	4	1 st – Mahanavami, Ayudha Pooja 2 nd – Gandhi Jayanthi
7	Oct	6	7	8	9	10	11(H)	12(H)	5	11 th – 2 nd Saturday Holiday
8	Oct	13	14	15	16	17	18	19(H)	6	
9	Oct	20(H)	21	22(H)	23 (T1)	24 (T2)	25 (T3)	26(H)	4	20 th –Narakachaturdashi 22 nd – Balipadyami 23 rd to 25 th Internal Test – 1
10	Oct /Nov	27	28	29	30	31	1(H)	2(H)	5	1 st -Karnataka Rajyotsava
11	Nov	3	4	5	6	7	8(H)	9(H)	5	8 th – 2 nd Saturday Holiday
12	Nov	10	11	12	13	14	15	16(H)	6	
13	Nov	17	18	19	20	21	22	23(H)	6	
14	Nov	24	25	26	27	28	29	30(H)	6	
15	Dec	1	2	3	4	5	6	7 (H)	6	
16	Dec	8 (T2)	9 (T2)	10 (T2)	11	12	13(H)	14 (H)	6	8 th to 10 th Internal Test – 2 13 th – 2 nd Saturday Holiday
17	Dec	15	16	17	18	19	20	21 (H)	0	INCOFYRA
18	Dec	21	22	23	24	25 (H)	26	27 (H)	5	25 th – Christmas
19	Dec	28	29	30	31 LWD				4	31 st – Last Working Day

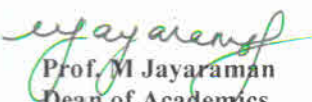
H: Holiday, LWD: Last Working Day,

Note: Minimum 90 days of classes are mandatory.

Commencement of Theory & Practical Final Examinations date will be notified by examination Department.


Dr. Vikas Rawat
Principal
School of Yogic
Sciences


Dr. Apar Saoji
Principal
SSYNM


Prof. M Jayaraman
Dean of Academics


Prof. Sony Kumari
Registrar

Campus: 'Prashanti Kutiram', Kallubalu Post, Jigani Hobli, Anekal Taluk, Bengaluru – 560 105

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